

Anthroposophical Therapies

Art, Eurythmy, Rhythmical Massage, Therapeutic Speech.

Anthroposophic **Art Therapy** comprises the fields of **painting, music, sculpture and creative speech** with the various effects of their different artistic means and processes.

I embraced anthroposophical art therapy over several years following multiple strokes and **found it of great benefit and very enjoyable**. This is why we offered 'wet-on-wet' **painting** workshops at the AphasiaNow conference to a large audience of PWA, family members and carers. ~Dr Jenny Dautlich

Patients are supported and **encouraged** by the therapy actively **to intervene in the pathological process themselves** in a creative way and to **open up** for themselves their **healing resources**.

This way of **working creatively on one's own destiny** through the **challenge of the illness** is a central motif during the course of art therapy as **the basis for healing**.

for more visit <http://www.medsektion-goetheanum.org/en/training/therapeutic-art/>



Workshop at the AphasiaNow conference

Jenny's story ..

http://www.aphasianow.org/About_Us/Our_Team/Dr_Jenny_A_Dautlich/

www.aphasianow.org

Aphasia-friendly website **by and for** people living with aphasia

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