Anthroposophical Therapies

Art, Eurythmy, Rhythmical Massage, Therapeutic Speech.

Anthroposophic Art Therapy comprises the fields of painting, music, sculpture and creative speech with the various effects of their different artistic means and processes.

I embraced anthroposophical art therapy over several years following multiple strokes and found it of great benefit and very enjoyable. This is why we offered ‘wet-on-wet’ painting workshops at the AphasiaNow conference to a large audience of PWA, family members and carers. ~Dr Jenny Dautlich

Patients are supported and encouraged by the therapy actively to intervene in the pathological process themselves in a creative way and to open up for themselves their healing resources.

This way of working creatively on one’s own destiny through the challenge of the illness is a central motif during the course of art therapy as the basis for healing.

for more visit http://www.medsektion-goetheanum.org/en/training/therapeutic-art/

Jenny’s story ..
http://www.aphianow.org/About_Us/Our_Team/Dr_Jenny_A_Dautlich/

www.aphianow.org
Aphasia-friendly website by and for people living with aphasia

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