

Anthroposophical Therapies

Art, Eurythmy, **Rhythmical Massage**, Therapeutic Speech.

I was introduced to **Rhythmical Massage** therapy during anthroposophical medical training in Switzerland in 1998. Shortly after **I suffered multiple strokes** resulting in right sided hemiplegia. I believe **rhythmical massage helped me regain some movement and sensation**. The latter was also greatly helped by acupuncture. ~Dr Jenny Dautlich

Rhythmical Massage uses a **gentle rhythmical** breathing quality of **touch** which can penetrate the tissue deeply.

The movements are rounded with an element of suction rather than pressure and are designed to **influence the flow of fluids** through the body.

It enables the **life processes** in the tissues to be **stimulated** and lifted out of gravity into levity.

for more visit <http://www.rhythmicalmassagetherapy.co.uk/index.html>

Jenny's story ..

http://www.aphasianow.org/About_Us/Our_Team/Dr_Jenny_A_Dautlich/

www.aphasianow.org

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