Anthroposophical Therapies

Art, Eurythmy, Rhythmic Massage, Therapeutic Speech.

I was introduced to Rhythmic Massage therapy during anthroposophical medical training in Switzerland in 1998. Shortly after I suffered multiple strokes resulting in right sided hemiplegia. I believe rhythmic massage helped me regain some movement and sensation. The latter was also greatly helped by acupuncture. ~Dr Jenny Dautlich

Rhythmic Massage uses a gentle rhythmic breathing quality of touch which can penetrate the tissue deeply.

The movements are rounded with an element of suction rather than pressure and are designed to influence the flow of fluids through the body.

It enables the life processes in the tissues to be stimulated and lifted out of gravity into levity.

for more visit http://www.rhythmicmassagetherapy.co.uk/index.html

Jenny's story .. http://www.aphasianow.org/About_Us/Our_Team/Dr_Jenny_A_Dautlich/

www.aphasianow.org
Aphasia-friendly website by and for people living with aphasia

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